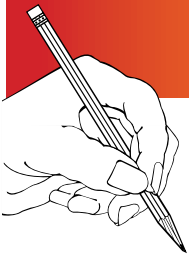




Tidewater

EMMAUS / CHRYSALIS

Tidewater Emmaus • P. O. Box 61485 • Virginia Beach, VA 23466-1485



WELCOME

A note from the Community Lay Director, Marybeth Grambo

We're on the journey to TW113 and TW114!! Carlos and Becky, our Weekend Lay Directors, are listening to the Lord and growing leaders in His church as they grow their teams. It's such an exciting time! We remember our walks and flights; when we came to know Holy Spirit in new and personal ways. When we chose to be for Him more than for ourselves.

On the EXACT dates of these Tidewater Emmaus's weekends, Kenya will hold its very first men's and women's walks. Pilgrims from Kenya have walked in South Africa, but now the movement is coming straight to them. Kenya Emmaus #1 and Kenya Emmaus #2 will bring this passion for complete commitment to Jesus Christ to the churches of Kenya. How exciting to know that our journeys will be shared with Believers all over the world as the woven body of Christ!!

The thought of this re-opens my eyes to see the big, big picture of Emmaus and Chrysalis...this just isn't about us individually. Our Fourth Day/Next Steps talk on our weekends spoke of how the weekend wasn't really for us, but for someone else. If we applied that thought to everything we did, if we tied our coat around our waist, like Jesus did as He washed His friend's dirty feet, in everything we did, knelt down and chose servant hood; chose to become true servant leaders....what an opportunity for Holy Spirit to use us for great things for the Kingdom!

There is so much that we can do for both our upcoming walks and the walks around the country and world. Let's pray and ask God to open our eyes. Let's lend a hand at Hope Haven, to make the chapel into a flexible place where hearts can submit to the Lord, let's make agape, sign up for the prayer vigils, and sponsor pilgrimsand let's come together, arm in arm, humble servants on a journey to worship and serve Almighty God through this vehicle called Emmaus and Chrysalis.

I'll see you at the Gathering in March. I'm inviting you all personally to come up to Ivy Memorial Baptist. It's a gorgeous church with huge hearts yearning to serve Christ. We'll consecrate the Emmaus teams for their service, sing

with all our might to the Lord and submit ourselves anew to all that God can do through us as we join at His Table of forgiveness.

You are a part of something so big...God's perfect tapestry. Not for you, but so God can use you in mighty ways.

DECOLORES!!!
FLY WITH CHRIST!!

Marybeth Grambo
TWE Community Lay Director

SPONSORSHIP

As I sit here reading through applications and calling people who have applied to attend the spring walks I keep hearing the song from the 1980's that included the words "I'm so excited, and I just can't hide it". This IS an incredibly exciting time to be the person working with registrations and sponsorship in our Emmaus community. God shows every day that the Holy Spirit is working through each one of you to build His Kingdom!!

Our mailbox is filled with applications each time I go, how exciting—they are like love letters from God; He truly does love us. He asks for faith and obedience and these applications continue to show you are listening and hearing Him speak and being obedient to His call through your sponsorship. Wow! Sharing Jesus with others...does it get much better!?

If they ask, please tell the person you are sponsoring that I will be continuing to contact people this week to confirm their participation. OH! And please join me in humming and singing how exciting it is that God has blessed our community so abundantly!

DECOLORES!!!
Lynn Hollandsworth

SPRING WALKS

TW113 Men's Walk, April 20-23, 2017 at Hope Haven
TW114 Women's Walk, May 4-7, 2017 at Hope Haven

2017 TWE BOARD

We want to welcome all the new and returning members for serving as your **2017 TWE Board of Directors**.

We would also like to announce the new email addresses we will be using in an effort to better serve the community.

The old yahoo emails are still operational but we would like to encourage all future contact with the board be made thru gmail so that we may better keep track and organization of all correspondence. Thank you.

Head Spiritual Director	Sandi Benton Plasters	twecsd@gmail.com
Asst. Spiritual Director	Mike Plasters	revmwp@gmail.com
Community Lay Director	Marybeth Grambo	twecd@gmail.com
Asst. Community Lay Director	David Hammond	tweMusicAudio@gmail.com
Agape	Penny Best	tweagape1@gmail.com
Communication	Bonnie Dailey	twecommunication@gmail.com
Community Outreach	Preston Best	tweoutreach@gmail.com
Continuity	Steve Maxey	twecontinuity@gmail.com
Finance	Charlotte Carroll	tweDirFinance@gmail.com
Gatherings	Greg Reinhart	tweCommunityGatherings@gmail.com
Music	David Hammond	tweMusicAudio@gmail.com
Records	Mark Shifflett	tweRecordsHistory@gmail.com
Sponsorship/Registration	Lynn Hollandsworth	twesponsorship@gmail.com
Team Selection/Training	Debbie Forehand	tweteamselect@gmail.com
Weekends	Bruce McConnaughey	tweweekends@gmail.com
Webmaster	Preston Best	twewebmaster@gmail.com
Prayer Request		twepayers@gmail.com

A WORD FROM OUR COMMUNITY SPIRITUAL DIRECTOR

March is the beginning of spring. Many of us turn our thoughts to gardens, yard work, and other outdoor pursuits. We who follow the liturgical calendar also observe the Lenten season. This is a special time of spiritual reflection that comes out of the early church. Here is what Christianity Today had to say about the origins of Lent:

. . . Lent is one of the oldest observations on the Christian calendar. Like all Christian holy days and holidays, it has changed over the years, but its purpose has always been the same: self-examination and penitence, demonstrated by self-denial, in preparation for Easter. Early church father Irenaus of Lyons (c.130-c.200) wrote of such a season in the earliest days of the church, but back then it lasted only two or three days, not the 40 observed today. In 325, the Council of Nicea discussed a 40-day Lenten season of fasting, but it's unclear whether its original intent was just for new Christians preparing for Baptism, but it soon encompassed the whole Church.

www.christianitytoday.com/history/2008/august/beginning-of-lent

This year, the season of Lent begins on March 1. Even if you and your home church do not observe the Lenten season, the month of March can be a time of spiritual reflection to prepare for Easter. Just like gardeners are in preparation for the growing and planting season, so we can also be preparing for our own growth and planting. This means different things for different plants and people. For our crepe myrtle tree, it means a severe pruning to have more abundant blooms in the growing season. It is also the season where seeds can be planted and propagated in an indoor environment so that the young plants can be put into the ground when the time is right. For others there is basic clean up work that needs to be done. I've ordered a new gum ball collector for my parents' yard as well as located my daughter's garden gloves for the pine cone pickup in our

yard. You may have your own garden and yard habits this time of year, but what about your spiritual habits? Do you need to prune things out of your life so that you can bloom for God? Do you need to clean up the debris so that there can be a clean and clear space for new growth to flourish? Do you have the materials you need to get the job done? Do you have a reunion group? A study habit? An appointment with God? Do you need to find a way to serve others?

As we journey towards spring and the spring walks, I encourage you to consider what you need to do to more fully experience the joy of Resurrection and New Life. To have a garden that produces good fruit or green grass, there are things that we must do. To have a life that produces growth and joy, there are also things we must do.

Dr. Sandi Benton Plasters
Community Spiritual Director
twecsd@gmail.com

T-SHIRTS

T-Shirts, T-Shirts, Get Your T-Shirts here.

Tidewater Emmaus is selling Tie Dye T-Shirts with the words Tidewater Emmaus on them. Cost is \$20 for S, M, L, XL \$ 21 for 2 XL and 3 XL. I have also ordered a 5 XL T-shirt. But don't know who it is for so if it is you please email me and I will have it at the next gathering.



Charlotte Carroll
T-Shirt Sales Lady
twedirfinance@gmail.com

WEEKENDS

Hello Tidewater Emmaus community,

Spring is fast approaching which means it's time to start preparing for our Spring Walk Weekends, TW-113 and TW-114. Both the men's and women's teams are beginning their preparations and we as a community need to prepare as well.

As announced previously, we will begin assisting Hope Haven with the remodel of their Burton Chapel. This will be taking place most weekends during March. There will be more news on this as it becomes available and volunteers will be needed. A list of volunteers has already been started and if you would like to be added, just send an email to tweweekends@gmail.com and I will get you on the list.

The other thing to prepare for is getting the dates of the weekend activities on your calendars. We love to have as many as possible for candlelight and closing. These are terrific ways to show your support for the pilgrims. We had two tremendous walks last fall at Hope Haven and we know the upcoming walks will be just as special.

Please plan on helping with the remodel project and participating in the weekend activities. It is a great way to stay connected to each other and to our Lord.

DECOLORES!!!

Bruce McConnaughey, TW64
TWEweekends@gmail.com

UPCOMING EVENTS:

March 18, 2017 - Gathering at Ivy Memorial Baptist
2200 Coliseum Dr, Hampton, VA 23666

April 22, 2017 - Men's Candlelight at Hope Haven
3000 North Landing Rd., Virginia Beach, VA 23502

May 6, 2017 - Women's Candlelight at Hope Haven
3000 North Landing Rd., Virginia Beach, VA 23502

May 20, 2017 - Gathering at Great Bridge UMC
201 Stadium Dr. Chesapeake, VA

OUTREACH

Hello, my name is Preston Best; I walked on TW-88, I attend Rosemont Christian Church and sat at the table of "Men of One Accord". I am pleased to be your Director of Community Outreach on the TWE Board of Directors this year. As most of you know, or maybe not, my job is interface with our local churches in order to create a symbiotic relationship to grow the body of Christ. In other words I want to see what we as a community can do to assist in the development and strengthening of our brothers and sisters in the area to better promote the Loving Grace that is available to all who would want it.

That being said (and it was a mouth full), what we need to do as the Body of Christ is to support one another in any way we can. As a Fourth Day Community this cannot be don't by staying only within the community. We must be willing to "Reach Out" (see how that works) and lift up our brothers and sisters and churches and businesses and anyone else that needs the hands and feet of God to help them.

So what I plan to do is to contact the churches that have had members walk in the past but have not had any recent involvement with TWE. So if you know of any churches that have been underrepresented lately please send me an email at twoutreach@gmail.com. If you know of any members that have been inactive in the community invite them to a gathering.

As we did last year, I will be contacting Hope Haven to see if they would like our assistance this summer. This summer support ran for 6 weeks and includes registration (on Mondays only from 7-9 am) and serving summer meals (daily from around 4:30 – 6:30 pm). Anyone that would be willing to volunteer please let me know via email. I will have more details later via the newsletter and the web site.

In that same vein I would like to put together a list of people that would be willing to volunteer on projects like we've seen on TV. This would be similar to those organizations that build or renovate homes, build or fix up play grounds and parks, make repairs and renovations to churches and small businesses. I think we have a large enough group of people to take on a lot of things like this. So if you would like to share your special skill whether it be carpentry, plumbing, electrical or landscaping let me know.

I believe that as our community grows, we should be the hands and feet of God as we learned on our walks. We should pay it forward as Paul wrote "And do not forget to do good and to share with others, for with such sacrifices God is pleased" (Hebrews 13:16). I welcome any suggestions or ideas you may have as to what our Outreach we should be.

DECOLORES!!!

Preston Best, TW-88
Director of Community Outreach

FINANCE

There has been a lot of FIRSTS this year for me. I sponsored my first Caterpillar who turned into a beautiful butterfly. Her mom was my first pilgrim that I sponsored in the Fall of 2013. I am going to be on the men's CST team for the first time for the Spring Walks. I have been on the CST team for the Women Walk. And I am sponsoring my first male for the Spring Walks.

Looking forward to more FIRSTS this year.

I would like to thank everyone who either made a donation.

paid their teaming and/or sponsorship fees through the "Just Give Button" on our website. I would love to see more people this year doing the same thing. So go to our website and click on the "Just Give Button" and donate \$10 or more a month. If you would like to donate money to buy supplies, such as Bibles, Rooster Pins, Candles or everything else that is needed for the BEST Walk ever, please do so. Did you know your donation is tax deductible?

 Just Give.org

You can also pay your teaming and sponsorship fees through the Just Give Button.

Any questions please email me: TWEdirfinance@gmail.com

DECOLORES!!!

Charlotte Carroll, TW97
Director of Finance

GATHERINGS

This is the day, this is the day that the Lord Has Made!!
DeColores Tidewater Emmaus Community!

It's that time again!! Get your calendars, polish up your bling, find your name tag and cross and let's get ready to party!!! That's right! It is time for our monthly Gathering. This month Ivy Memorial Baptist Church is graciously hosting our little soirée! The church is located at 2200 Coliseum Dr., Hampton, VA 23666. www.ivymemorial.org, their contact phone number is 757-838-3107.

What a Gathering we have planned for you this month! The pot luck supper will be at 5:30 followed by the Gathering at 6:30. The music will be awesome and inspiring as always! And, and, and, wait there's more! We have a Men's and Women's Walk coming soon so we will be anointing both Team's at this Gathering!

So go get your calendars now...go ahead I'll wait...3rd Saturday, March 18, '17, Ivy Memorial Baptist Church, ivymemorial.org, 2200 Coliseum Drive, Hampton, VA. See you there!!

And just a little plug for an upcoming Gathering in June...get your flashlights ready!!!

DECOLORES!!!

Greg Reinhart, TW94


Director of Gatherings

TWEcommunitygatherings@gmail.com

COMMUNICATIONS

Did you ever wonder how we would communicate with people without our cell phones, TV, emails or even Face book. Life now revolves around technology. Without it we feel lost. Like we have no idea what is happening in the world. We would have to rely on the mail delivery and would have no Instant Updates like we have with technology today. On my busy days I wish I could go back to that sometimes but then how would I talk to my friends and family?

My job as Communications is finding ways to reach you and keep you informed about our Emmaus Community.

We use the Newsletter, Emails, Face book, and even the  remind app which sends you a text directly to your cell phone.

So how many of you have signed up for Remind. Its Easy.

1. Text to this number 81010 with the following information in the text message part @tidewat
2. It will ask do you wish to be a student etc, say "student"
3. That's it; you are now hooked into the Tidewater Emmaus Class.

Then, whenever there is a Community upcoming event, you are reminded through a text. If you have a smartphone, you may download the app for free.

And for those who are Technology Free we still use the US Postal Service.

But in order to stay informed we need to know if you

change your email or mailing address please and phone number if you are on Remind. Just forward any changes to TWEcommunication@gmail.com. We can update our database and keep you informed on the Tidewater Emmaus/Chrysalis community. **And in case anyone asks...this information is strictly for Emmaus use only and is not shared.**

DECOLORES!!!

Bonnie Dailey, AE42

TWE Communications



This is something I came across and felt the need to share it in this month's newsletter. Please read this and think about how you apply agape love to others. I know I get pleasure and enjoyment creating little agape love tokens for God's pilgrims. I pray you do too!

We are to have the same type of love that Jesus Christ had for us, which is agape love. A person with agape love never says what's in it for me or this person doesn't deserve it. Agape love is not friend, sexual, or brotherly love, but it's sacrificial love. It shows action. When we are always worried about self we will never have this type of love. We are to humble ourselves before the Lord and put others before ourselves.

God's agape love is in believers. Do all things with the love of God expecting nothing in return.

God Loves You For No Reason!

If you have any questions or ideas you would like to share with me, please feel free to contact me!

DECOLORES!!!

Penny Best, TW97

TWEagape1@gmail.com

MUSIC

We're filling out the calendar for 2017, and would like to connect our musicians with Gatherings in advance, rather than hitting anyone up at the last minute.

So which ones can I put you down for?

We only have a dozen or so left in 2017, accounting for the Candlelight services. Just email me at tweMusicAudio@gmail.com, letting me know who you are, what you play, and which Gatherings you want to support.

Thanks in advance for your participation - you're a big part of our Community and we appreciate you all!

Grace and Peace,
David Hammond, TW68
TWE Director of Music

DODU

Attention All Sponsors of TW113 and TW114 Pilgrims!!!!

A part of your commitment to your pilgrim is to attend (*with your pilgrim*) a Day of Deeper Understanding training sessions offered by the Community after the walk. We go over all the essentials of passing on the gift of Emmaus through sponsorship, teaming, accountability groups and agape.

Currently we have two scheduled for after the upcoming walks. (*If we need a 3rd date on a weekend, please email and let us know!!*)

So, **Please Mark Your Calendar!!** Come Join us for the final piece of TW113 and TW114's journey!

DODU (Day of Deeper Understanding Sessions):

Thursday, May 11 at 6pm and Saturday, June 3 at 3pm. More information and locations TBD.

We will also be having a Walk Celebration prior to the Gathering on May 20th at Great Bridge UMC, 201 Stadium Dr. Chesapeake, for the pilgrims, teamers and sponsors of TW113 and TW114. Celebration begins at 4, followed by a Potluck at 5:30 and Gathering at 6:30.

We can't wait to see you all, eat a little dinner and learn the good stuff about shining our Light and Passing It ON!! Email me any questions at twesponsorship@gmail.com

DECOLORES!!!

Lynn Hollandsworth



**The Upper Room Emmaus Ministries
Northeast Region Leadership Team**

Emmaus Ministries Leadership Development 2017

Hosted by the Tidewater Emmaus Community

March 25, 2017

On March 25th, the Upper Room Emmaus Ministries Northeast Region Leadership Team will offer a Leadership Development Event at Virginia Beach United Methodist Church. The Leadership Development Event includes training for both laity and clergy and is available to all members of your community—most especially those who are currently in leadership or who may be assuming community leadership responsibilities in the future.

The event will begin with registration at 8:30am and will conclude by 5pm. Virginia Beach United Methodist Church is located at 212 19th St., Virginia Beach, VA 23451. Directions will be posted at the church for room assignments.

Participants should bring their "purple worship books" and nametags. Preregistration is encouraged! Please email Greg Reinhart at twecommunitygatherings@gmail.com for more information and if you are planning on attending.

DECOLORES!!!

TWE Board



www.tidewaterchrysalis.org

...transformed into his likeness with everlasting glory... II Cor 3:18

A message to the entire Emmaus and Chrysalis Community.

Here we are in the third month of 2017 my dear brothers and sisters. So far we are off to a great start in the year. Here we are in this wonderful season of lent. We are reminded in this wonderful season that just because we choose to accept Christ in our life and or to follow his ever so glorious ways, we are reminded that we have only begun the race with our savior. Your walk and or flight with Christ is only the beginning.

Chrysalis has just celebrated our post weekend excitement at our February Gathering. We met at Community United Methodist Church where a large amount of our blossoming new butterflies were in attendance. We kicked it off with amazing food and fellowship... No surprise from this community of agape. As I think many of the new butterflies were still shocked at the amount of food this community brings wherever it goes. Praise continued to pour out into worship in the sanctuary. Many songs were sung and much praise and prayer were given. Chloe Shockley delivered an amazing fourth day speech. She reminded us that its not about where you come from but rather how you chose to deal with it in turning to God.

Praise be to our father. God is Good.....

Fly With Christ

Jacob Litzenberg
Community Youth Lay Director

T-SHIRTS ARE HERE

**T-Shirts,
T-Shirts,
Get Your
Chrysalis
T-Shirts.**



T-Shirts will be available at Gatherings or contact any Chrysalis Board Rep.